

Huon Valley Meals on Wheels Spring Summer Menu **WEEK 1**



CLIENT NAME: _____ BRANCH: _____



MONDAY	QTY	TUESDAY	QTY	WEDNESDAY	QTY	THURSDAY	QTY	FRIDAY	QTY
Tomato Soup		Creamy Chicken Noodle Soup		Beef & Vegetable Soup		Potato & Bacon Soup		Pea & Ham Soup	
Chicken & Vegetable Curry with Basmati Rice		Spaghetti Bolognese		Roast Beef with Red Wine Gravy		Chicken Casserole		Tempura Battered Flake, Lemon Wedge & Tartare Sauce	
Ham Steak & Pineapple		Battered Flathead & Tartare Sauce		Chicken & Pork Fried Rice		Satay Beef & Rice		Tomato, Cheese & Bacon Omelette	
Sliced Beef & Gravy		Sliced Chicken & Gravy		Crumbed Whiting & Tartare Sauce		Sliced Pickled Pork		Sliced Lamb & Gravy	
Vegetarian Sausages & Roasted Vegetables		Asian Omelette		Roasted Sweet Potato, Spinach & Feta Fritter		Sweet & Sour Cauliflower		Curried Vegetables & Brown Rice	
Bread & Butter Pudding with Cream		Chocolate Cream Bavarian		Apricot Strudel & Custard		Carrot Cake & Cream		Apple Pie & Custard	

**Main courses are served with five vegetables to give you a better variety, if there is a vegetable you do not wish to eat please discard.
Mashed potato is available instead of rice.**

<p>FOR OFFICE USE ONLY Quantity of meals: _____ Date entered: _____ Entered by: _____</p>

Huon Valley Meals on Wheels Spring Summer Menu **WEEK 2**



CLIENT NAME: _____ BRANCH: _____



MONDAY	QTY	TUESDAY	QTY	WEDNESDAY	QTY	THURSDAY	QTY	FRIDAY	QTY
Cream of Chicken & Vegetable Soup		Pumpkin Soup		Minestrone Soup		Hearty Beef Soup		Cream of Cauliflower & Bacon Soup	
Beef & Mushroom Casserole		Shepherd's Pie		Roast Pork, Apple Sauce & Gravy		Chicken Parmigiana		Baked Snapper & Citrus Sauce	
Lamb Meatballs & Sweet Tomato Sauce		Tuna Patties		Curried Chicken Sausages & Rice		Zucchini & Bacon Slice		Chicken Tenders & Sweet Chilli Sauce	
Sliced Turkey & Gravy		Sliced Chicken & Gravy		Tuna Pasta Bake		Sliced Lamb & Gravy		Sliced Beef & Gravy	
Vegetarian Parmigiana		Pumpkin & Fetta Fritter		Vegetarian Pad Thai		Fried Haloumi & Greek Peperonata		Vegetarian Shepherd's Pie & Cheesy Mash	
Steamed Fruit Pudding & Custard		Pavlova, Berries & Cream		Apple, Rhubarb Crumble & Custard		Cheesecake, Lemon Curd & Cream		Berry Sponge & Custard	

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Huon Valley Meals on Wheels Spring Summer Menu **WEEK 3**



CLIENT NAME: _____ BRANCH: _____



MONDAY	QTY	TUESDAY	QTY	WEDNESDAY	QTY	THURSDAY	QTY	FRIDAY	QTY
Lamb & Vegetable Soup		Tomato & Bacon Soup		Spring Vegetable & Chicken Soup		Cream of Pumpkin Soup		French Onion Soup	
Grilled Chicken & Mushroom Sauce		Egg & Bacon Slice		Roast Lamb, Gravy & Mint Jelly		Grilled Beef Sausages & Onion Gravy		Crumbed Whiting, Lemon & Tartare Sauce	
Sweet & Sour Pork with Rice		Beef & Potato Pie		Satay Chicken & Rice		Mongolian Lamb & Asian Vegetables		Cheese, Bacon & Onion Omelette	
Sliced Beef & Gravy		Sliced Turkey & Gravy		Salmon & Vegetable Patties		Sliced Chicken & Gravy		Sliced Silverside	
Vegetable Quiche		Vegetarian Dumpling Casserole		Vegetarian Lasagne		Vegetarian Quiche & Tomato Sauce		Teriyaki Vegetarian Meatballs	
Tiramisu & Cream		Cheesecake & Raspberry Coulis		Sticky Date Pudding & Cream		Chocolate Brownie & Cream		Apricot Crumble & Custard	

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Huon Valley Meals on Wheels Spring Summer Menu **WEEK 4**



CLIENT NAME: _____ BRANCH: _____



MONDAY	QTY	TUESDAY	QTY	WEDNESDAY	QTY	THURSDAY	QTY	FRIDAY	QTY
Potato & Leek Soup		Cream of Cauliflower & Bacon Soup		Minestrone Soup		Chicken & Sweet Corn Soup		Beef & Tomato Soup	
Irish Stew		Beef Lasagne		Roast Chicken & Gravy		Silverside & White Sauce		Grilled Salmon & Citrus Sauce	
Savoury Meatloaf & Tomato Coulis		Apricot Chicken		Pork Ribslets & BBQ Sauce		Chicken, Bacon & Cheese Pasta		Honey Braised Lamb & Barley	
Sliced Chicken & Gravy		Sliced Pork & Gravy		Curried Mince		Sliced Beef & Gravy		Sliced Turkey & Gravy	
Vegetarian Sausage Roll & Chutney		Creamy Pumpkin Pasta Bake		Mushroom in Red Wine Sauce with Mashed Potato		Curried Lentil & Vegetable Pie		Buttered Cauliflower & Paneer	
Apricot & Coconut Slice with Custard		Fruit Trifle & Whipped Cream		Apple Danish & Custard		Chocolate Cake, Cream & Chocolate Sauce		Pavlova, Cream & Tropical Fruit	

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