

# Dodges Ferry Meals on Wheels Spring Summer Menu WEEK 1



CLIENT NAME: \_\_\_\_\_ BRANCH: \_\_\_\_\_



MONDAY	QTY	WEDNESDAY	QTY
Tomato Soup		Beef & Vegetable Soup	
Chicken & Vegetable Curry with Basmati Rice		Roast Beef with Red Wine Gravy	
Ham Steak & Pineapple		Chicken & Pork Fried Rice	
Sliced Beef & Gravy		Crumbed Whiting & Tartare Sauce	
Vegetarian Sausages & Roasted Vegetables		Roasted Sweet Potato, Spinach & Feta Fritter	
Beef Salad		Salmon Salad	
Mixed White Sandwiches		Mixed White Sandwiches	
Mixed Wholemeal Sandwiches		Mixed Wholemeal Sandwiches	
Bread & Butter Pudding with Cream		Apricot Strudel & Custard	
Fruit Only		Fruit & Custard	

*Fruit only, Fruit and Custard, Fresh Fruit, Jelly or Jelly and custard also available.*

**Main courses are served with five vegetables to give you a better variety, if there is a vegetable you do not wish to eat please discard.  
Mashed potato is available instead of rice.**

# Dodges Ferry Meals on Wheels Spring Summer Menu **WEEK 2**



CLIENT NAME: \_\_\_\_\_ BRANCH: \_\_\_\_\_



MONDAY	QTY	WEDNESDAY	QTY
Cream of Chicken & Vegetable Soup		Minestrone Soup	
Beef & Mushroom Casserole		Roast Pork, Apple Sauce & Gravy	
Lamb Meatballs & Sweet Tomato Sauce		Curried Chicken Sausages & Rice	
Sliced Turkey & Gravy		Tuna Pasta Bake	
Vegetarian Parmigiana		Vegetarian Pad Thai	
Turkey Salad		Tuna Salad	
Mixed White Sandwiches		Mixed White Sandwiches	
Mixed Wholemeal Sandwiches		Mixed Wholemeal Sandwiches	
Steamed Fruit Pudding & Custard		Apple, Rhubarb Crumble & Custard	
Fruit Only		Fruit & Custard	
<i>Fruit only, Fruit and Custard, Fresh Fruit, Jelly or Jelly and custard also available.</i>			

**Main courses are served with five vegetables to give you a better variety, if there is a vegetable you do not wish to eat please discard.  
Mashed potato is available instead of rice.**

# Dodges Ferry Meals on Wheels Spring Summer Menu **WEEK 3**



CLIENT NAME: \_\_\_\_\_ BRANCH: \_\_\_\_\_



MONDAY	QTY	WEDNESDAY	QTY
Lamb & Vegetable Soup		Spring Vegetable & Chicken Soup	
Grilled Chicken & Mushroom Sauce		Roast Lamb, Gravy & Mint Jelly	
Sweet & Sour Pork with Rice		Satay Chicken & Rice	
Sliced Beef & Gravy		Salmon & Vegetable Patties	
Vegetable Quiche		Vegetarian Lasagne	
Beef Salad		Chicken Caesar Salad	
Mixed White Sandwiches		Mixed White Sandwiches	
Mixed Wholemeal Sandwiches		Mixed Wholemeal Sandwiches	
Tiramisu & Cream		Sticky Date Pudding & Cream	
Fruit Only		Fruit & Custard	
<i>Fruit only, Fruit and Custard, Fresh Fruit, Jelly or Jelly and custard also available.</i>			

**Main courses are served with five vegetables to give you a better variety, if there is a vegetable you do not wish to eat please discard.  
Mashed potato is available instead of rice.**

# Dodges Ferry Meals on Wheels Spring Summer Menu **WEEK 4**



CLIENT NAME: \_\_\_\_\_ BRANCH: \_\_\_\_\_



MONDAY	QTY	WEDNESDAY	QTY
Potato & Leek Soup		Minestrone Soup	
Irish Stew		Roast Chicken & Gravy	
Savoury Meatloaf & Tomato Coulis		Pork Riblets & BBQ Sauce	
Sliced Chicken & Gravy		Curried Mince	
Vegetarian Sausage Roll & Chutney		Mushroom in Red Wine Sauce with Mashed Potato	
Chicken Salad		Tuna Salad	
Mixed White Sandwiches		Mixed White Sandwiches	
Mixed Wholemeal Sandwiches		Mixed Wholemeal Sandwiches	
Apricot & Coconut Slice with Custard		Apple Danish & Custard	
Fruit Only		Fruit & Custard	
<i>Fruit only, Fruit and Custard, Fresh Fruit, Jelly or Jelly and custard also available.</i>			

**Main courses are served with five vegetables to give you a better variety, if there is a vegetable you do not wish to eat please discard.**

**Mashed potato is available instead of rice.**