

# Contact Phone Book 2021



**Meals on Wheels**  
Association of Tasmania



## Meals on Wheels Association of Tasmania INC.

### State Board of Governance 2020/2021

Keith Simmonds – President

Mobile: 0467 046 456

Email: [keith.simmonds\\_nbn@iinet.net.au](mailto:keith.simmonds_nbn@iinet.net.au)

Barry Stubbs – Vice President

Mobile: 0448 311 735

Email: [barrystubbs@outlook.com](mailto:barrystubbs@outlook.com)

Charles Von Stieglitz - Treasurer

Mobile: 0448 146 441

Email: [CvonStieglitz@accruhob.com.au](mailto:CvonStieglitz@accruhob.com.au)

Sue Williams – Secretary

Mobile: 0487 282 771

Email: [gilsue@bigpond.com](mailto:gilsue@bigpond.com)

#### Board Members

Diane Kelly

Mobile: 0419 892 271

Email: [dianekelly46@bigpond.com](mailto:dianekelly46@bigpond.com)

Louise Mollross

Mobile: 0437 097 646

Email: [louisemollross@ogilviejennings.com.au](mailto:louisemollross@ogilviejennings.com.au)

Beverley Fox

Mobile: 0417 640 818

Email: [bev.fox14@gmail.com](mailto:bev.fox14@gmail.com)

Katie Kelly

Mobile: 0414 425 961

Email: [katiemkelly@hotmail.com](mailto:katiemkelly@hotmail.com)

# Meals on Wheels Association of Tasmania INC.

## State Office Staff 2020/2021

Executive Officer – Rebecca Free

Mobile: 0448 007 718

Telephone: 6272 0887

Email: [stateoffice@mowtas.org.au](mailto:stateoffice@mowtas.org.au)

Regional Manager North, N/West – Joanne Ring

Mobile: 0419 543 962

Email: [csonorth@mowtas.org.au](mailto:csonorth@mowtas.org.au)

Devonport Community House, 10 Morris Ave, Devonport 7310

Finance & Business Manager – Kristy Blazely

Telephone: 6272 0887

Email: [finance@mowtas.org.au](mailto:finance@mowtas.org.au)

Regional Manager South – Janine Garwood

Mobile: 0409 384 700

Email: [csosouth@mowtas.org.au](mailto:csosouth@mowtas.org.au)

Administration Officer – Alyssa Cowley

Telephone: 6272 0887

Email: [office@mowtas.org.au](mailto:office@mowtas.org.au)

East Coast Coordinator – Victoria Crack

Mobile: 0408 841 384

Email: [eastcoast@mowtas.org.au](mailto:eastcoast@mowtas.org.au)

Volunteer Coordinator – Naomi Skelly

Telephone: 6272 0887

Email: [volunteers@mowtas.org.au](mailto:volunteers@mowtas.org.au)

Admin Assistant South – Louise Ims

Mobile: 0499 800 068 or 6272 0887

Email: [assessments@mowtas.org.au](mailto:assessments@mowtas.org.au)

Admin Assistant North, N/West – Jenny Oakes

Email: [nwadmin@mowtas.org.au](mailto:nwadmin@mowtas.org.au)

State Office Mailing Address

103A Grove Road, Glenorchy TAS 7010

Useful Contacts

Launceston/Burnie Red Cross: 1300 663 291

Email

[office@mowtas.org.au](mailto:office@mowtas.org.au)

Strathaven - Mellissa McDonald: 6208 3144

Telephone

1800 696 325 or 6272 0887

Strathaven - Craig Gleeson: 0400 643 410

Fax

6272 0184

Strathdevon - Kim Smith: 6411 6504

Office Hours

Monday – Friday 8:00am – 3:30pm

TAS Police Non Emergency: 131 444

Deloraine - Bev Jordan: 6362 2801

Email: [coberjordan@bigpond.com](mailto:coberjordan@bigpond.com)



## Brighton, New Norfolk & Richmond Meals on Wheels 2020/2021

Coordinator: Jodi Gough

Address: 371 Brighton Road  
Pontville TAS 7030

Telephone: 6268 0559

Fax: 6268 0559

Email: [brighton@mowtas.org.au](mailto:brighton@mowtas.org.au)

Delivery Days: Brighton: Monday – Friday (will supply for weekends)  
New Norfolk: Monday, Wednesday & Friday (will supply for weekends)  
Richmond: Monday, Wednesday & Friday (will supply for weekends)

Payment Methods: Cash, Cheque, Direct Deposit, Centrepay, Credit Card

Suburbs of Delivery: Bagdad, Bagdad North, \*Black Hills, Boyer, Bridgewater, Brighton Broadmarsh, \*Campania, \*Colebrook, Dromedary, Dulcot, Dysart, Elderslie, Gagebrook, Granton, Grasstree, Gretna, Hayes, Honeywood, Lachlan, Magra, Malbina, Mangalore, Molesworth, New Norfolk, Old Beach, Otago, Pontville, Richmond, Tea Tree

(\*Delivery to these areas may not be as regular)

## Cygnnet Meals on Wheels 2020/2021

Main Contact Person/Coordinator:  
Kerry Salmon

Coordinator:  
Pat Crane

Address: 1600 Cygnnet Coast Road  
Glaziers Bay TAS 7109

Address: 23 Wilson Road  
Deep Bay TAS 7112

Telephone: 6295 0775  
0427 950 775

Telephone: 6297 8288  
0429 809 412

Email: [gksalmon@bigpond.com](mailto:gksalmon@bigpond.com)  
[cygnnet@mowtas.org.au](mailto:cygnnet@mowtas.org.au)

Email: [jettygirl777@gmail.com](mailto:jettygirl777@gmail.com)  
[cygnnet@mowtas.org.au](mailto:cygnnet@mowtas.org.au)

Relief Coordinator  
Pat Wright

Email: [patricia-m-wright@bigpond.com](mailto:patricia-m-wright@bigpond.com) [cygnnet@mowtas.org.au](mailto:cygnnet@mowtas.org.au)

All mail to: Cygnnet Meals on Wheels  
20 Golden Valley Road  
Cygnnet TAS 7112

Delivery Days: Monday, Wednesday & Friday – Cygnnet & Glaziers Bay  
only (frozen meals only) (will supply for weekends)  
All other delivery towns are Monday only

Payment Methods: Cash, Cheque, Direct Deposit, Centrepay, Credit  
Card

Suburbs of Delivery: \*Abels Bay, \*Cradoc, Glaziers Bay, \*Lower  
Wattle Grove, Lymington, Petchys Bay, Wattle  
Grove, Charlotte Cove, Cygnnet, Deep Bay, Eggs  
and Bacon Bay, Garden Island Creek, Gardners  
Bay, Nicholls Rivulet, Randalls Bay, Verona  
Sands  
(\*Delivery to these areas may not be as regular)



## Devonport, Latrobe, Railton & Sheffield Meals on Wheels 2020/2021

Coordinators: Gwen Priestley & Diane French

Address: 113 Don Road  
Devonport TAS 7310

Telephone: 6423 3272

Email: [devonport@mowtas.org.au](mailto:devonport@mowtas.org.au)

Delivery Days: Devonport: Monday – Friday (will supply for weekends)  
Latrobe: Monday – Friday (will supply for weekends)  
Railton: Monday & Wednesday (will supply frozen for weekends)  
Sheffield: Monday – Friday (will supply for weekends)  
Deloraine: Tuesday (can supply fresh on Tuesday, all other meals frozen)

Payment Methods: Cash, Credit Card, Direct Deposit, Centrepay, Cheque

Suburbs of Delivery: Aberdeen, Acacia Hills, Ambleside, Barrington, Claude Road, \*Deloraine, Devonport, Don, East Devonport, Eugenana, Forthside, Gowrie Park, Kentish, Latrobe, Lillico, Lower Barrington, Melrose, Merseylea, Miandetta, Nook, Nowhere Else, Palooona, Paradise, Promise Land, Quiana, \*Railton, Roland, Sassafrass, Sheffield, South Spreyton, Spreyton, Staverton, Stony Rise, Stoodley, Sunnyside, Tarleton, Tugrah

(\*Delivery to these areas may not be as regular)



## Eastern Shore & Dodges Ferry Meals on Wheels 2020/2021

Coordinators: Michael McKenna & Michelle Menzies

Postal Address: 10 Binalong Road  
Mornington TAS 7018

Telephone: 6244 3925

Email: [easternshore@mowtas.org.au](mailto:easternshore@mowtas.org.au)

Delivery Days: Dodges Ferry: Monday & Wednesday  
Eastern Shore: Monday – Friday

Payment Methods: Direct Deposit, Centrepay, Cash, Cheque, Credit Card

Suburbs of Delivery: Acton Park, Bellerive, Cambridge, Carlton,  
\*Carlton River, Clarendon Vale, \*Clifton Beach,  
\*Connellys Marsh, \*Cremorne, Dodges Ferry,  
\*Flagstaff Gully, \*Forcett, Geilston Bay, Howrah,  
Lauderdale, Lewisham, Lindisfarne, \*Midway  
Point, Montagu Bay, Mornington, \*Mount  
Rumney, \*Nugent, Oakdowns, \*Orielson,  
\*Pawleena, \*Penna, Primrose Sands, Risdon  
Vale, \*Roaches Beach, Rokeby, Rose Bay, Rosny,  
Rosny Park, \*Sandford, \*Seven Mile Beach,  
Sorell, Tranmere, Warrane, Wattle Hill

(\*Delivery to these areas may not be as regular)

## Fingal Valley/St Marys Meals on Wheels 2020/2021

- Coordinator: Victoria Crack
- Address: 4 Lindsay Parade (No physical address)  
St Helens TAS 7216
- Telephone: 0408 841 384
- Email: [eastcoast@mowtas.org.au](mailto:eastcoast@mowtas.org.au)
- Kitchen Contact Alana Hendley  
For stopping & starting of clients and for any changes to meals
- Telephone: 6387 5538
- Email: [alana.hendley@ths.tas.gov.au](mailto:alana.hendley@ths.tas.gov.au)
- Delivery Days: Monday – Friday
- Payment Methods: Cheque, Direct Deposit, Credit Card, Centrepay  
Cash if required
- Suburbs of Delivery: Daily: Cornwall, Gray, St Marys  
\*Monday Only: Beaumaris, Falmouth, Fingal, Mangana, Mathinna, Scamander, Upper Esk, Upper Scamander (frozen meals)  
\*Tuesday Only: Bicheno, Chain of Lagoons, Coles Bay, Douglas River, Four Mile Creek, Freycinet, Friendly Beaches, Seymour (frozen meals)
- (\*Delivery to these areas may not be as regular)





## Glenorchy Meals on Wheels 2020/2021

Coordinator: Jodi Gough

Address: 371 Brighton Road  
Pontville TAS 7030

Telephone: 6268 0559

Email: [glenorchy@mowtas.org.au](mailto:glenorchy@mowtas.org.au)

Delivery Days: Glenorchy: Monday – Friday (will supply for weekends)

Payment Methods: Cash, Cheque, Direct Deposit, Credit Card  
Centrepay

Suburbs of Delivery: Austins Ferry, Berriedale, Chigwell, Claremont,  
Collinsvale, Derwent Park, Dowsing Point, Elwick,  
Glenlusk, Glenorchy, Goodwood, Lutana,  
Montrose, Moonah, Rosetta, West Moonah



## Hobart Meals on Wheels 2020/2021

Coordinator: Lauren Dwyer

Address: 103a Grove Road  
Glenorchy TAS 7010

Telephone: 6272 0887

Email: [hobart@mowtas.org.au](mailto:hobart@mowtas.org.au)

Delivery Days: Monday – Friday (will supply for weekends)  
Will supply bulk deliveries to Oatlands and Bothwell monthly

Payment Methods: Cash, Cheque, Direct Deposit, Credit Card, Centrepay

Suburbs of Delivery: Battery Point, Bonnet Hill, \*Bothwell, Cornelian Bay, Dynnyrne, Fern Tree, Glebe, Hobart, Lenah Valley, Lower Sandy Bay, Mount Nelson, Mount Stuart, New Town, North Hobart, \*Oatlands, Queens Domain, Ridgeway, Sandy Bay, South Hobart, Taroon, Tolmans Hill, West Hobart

(\*Delivery to these areas may not be as regular)

## Dover, Geeveston, Huon Valley, & South Channel Meals on Wheels 2020/2021

Coordinator: Christine Arnold    Relief Coordinator: Frankie Vaisey

Address: 25 Shield Street  
Huonville TAS 7109

Telephone: 0428 884 311

Email: [huon@mowtas.org.au](mailto:huon@mowtas.org.au)

Delivery Days: Huon: Monday, Wednesday, Thursday and Friday (will supply for weekends)(frozen meals only)  
Geeveston: Monday, Wednesday, Friday (frozen meals only)  
South Channel: Monday only (frozen meals only)  
Dover: Wednesday only (frozen meals only)

Payments Methods: Cash, Cheque, Direct Deposit, Credit Card, Centrepay

Suburbs of Delivery: \*Brooks Bay, \*Cairns Bay, Castle Forbes Bay, \*Catamaran, Crabtree, Cradoc, Dover, Franklin, Geeveston, Glen Huon, \*Glendevie, Grove, \*Hastings, Huonville, \*Ida Bay, Judbury, Kettering, Lonnavaile, Lower Longley, Lower Snug, Lucaston, \*Lune River, Mountain River, Nicholls Rivulet, Oyster Cove, \*Police Point, Port Huon, \*Raminea, Ranelagh, \*Recherche, Snug, \*Southport, \*Southport Lagoon, \*Strathblane, \*Surges Bay, \*Surveyors Bay, \*Waterloo, Wattle Grove, Woodstock

(\*Delivery to these areas may not be as regular)



## Kingborough Meals on Wheels 2020/2021

- Coordinators: Ali Nichols Howe, Vicki Gibbon & Maree Carroll
- Address: Kingborough Senior Citizens Club  
35 Redwood Road  
Kingston TAS 7050
- Telephone: 6229 4256
- Email: [kingborough@mowtas.org.au](mailto:kingborough@mowtas.org.au)
- Delivery Days: Monday – Friday (will supply for weekends)
- Payments Methods: Cash, Direct Deposit, Centrepay, Cheque, Credit Card
- Suburbs of Delivery: Albion Heights, Blackmans Bay, Barretta, Coningham, Electrona, Howden, Huntingfield, Kingston, Kingston Beach, Leslie Vale, Margate, Neika, Nierinna, Piersons Point, Tinderbox, Wellington Park



## Northern Midlands Meals on Wheels 2020/2021

Coordinators: Gail Fitzallen & Ailsa Bonell

Address: Riverlands Christian Community Church  
159 Wellington Street  
Longford TAS 7301

Telephone: 0488 406 661

Email: [northernmidlands@mowtas.org.au](mailto:northernmidlands@mowtas.org.au)

Delivery Days: Monday – Friday (will supply for weekends)

Payment Methods: Cash, Credit Card, Direct Deposit, Cheque,  
Centrepay

Suburbs of Delivery: Blackwood Creek, Cressy, Devon Hills, Longford,  
Perth, Poatina



## Penguin Meals on Wheels 2020/2021

Coordinators: Diane Hattaway & Diane French

Address: 3 Crescent Street  
Penguin TAS 7316

Telephone: 0477 371 206

Email: [penguin@mowtas.org.au](mailto:penguin@mowtas.org.au)

Delivery Days: Monday – Friday

Payment Methods: Cash, Cheque, Direct Deposit, Credit Card,  
Centrepay

Suburbs of Delivery: Camena, Cuprona, Heybridge, Howth, Loyetea,  
Penguin, Preservation Bay, Riana, South Riana,  
Sulphur Creek, West Pine



## Port Sorell Meals on Wheels 2020/2021

Coordinator: Geoff Hicks

Postal Address: 55 Quinlan Crescent (No physical address)  
Shearwater TAS 7307

Telephone: 0409 911 268 or 6428 6353

Email: [geoffrey\\_hicks@bigpond.com](mailto:geoffrey_hicks@bigpond.com)

Delivery Days: Monday - Friday

Payment Methods: Cash, Cheque, Direct Deposit, Centrepay, Credit Card

Suburbs of Delivery: Hawley Beach, Northdown, Port Sorell,  
Shearwater, Squeaking Point, Thirlstane, Wesley  
Vale



## Smithton Meals on Wheels 2020/2021

Main Contact Person/Coordinator: Jantze Fahey  
Coordinator: Julie Grey

Postal Address: PO Box 653  
Smithton TAS 7330  
(No physical address)

Postal Address: 26695 Bass Highway  
Redpa TAS 7330  
(No physical address)

Telephone: 0439 938 424  
6452 3177

Telephone: 0429 125 822  
6457 1135

Email: [kjfahey@bigpond.com](mailto:kjfahey@bigpond.com)

Email: [juliegrey@optusnet.com.au](mailto:juliegrey@optusnet.com.au)

Delivery Days: Monday – Friday

Payment Methods: Cash, Cheque

Suburbs of Delivery: Smithton (other areas in the 7330 postcode such as Lileah, Emmerton Park, South Forest etc. can organise collection from the Smithton Hospital)





## Spring Bay Meals on Wheels 2020/2021

Coordinator: Kaylene Lee

Address: P.O Box 106 (No physical address)  
Orford TAS 7190

Telephone: 0427 237 993 or 6257 3302

Email: [kaylene-l@hotmail.com](mailto:kaylene-l@hotmail.com)

Delivery Days: Monday & Wednesday (frozen meals)

Payment Methods: Cash, Cheque, Centrepay, Credit Card, Direct Deposit

Suburbs of Delivery: Buckland, Little Swanport, Orford, Pontypool, Rheban, Runnymede, Spring Beach, Triabunna

## St Helens Meals on Wheels 2020/2021

Coordinator: Victoria Crack

Address: 4 Lindsay Parade (No physical address)  
St Helens TAS 7216

Telephone: 0408 841 384

Email: [eastcoast@mowtas.org.au](mailto:eastcoast@mowtas.org.au)

Kitchen Contact Louise Peacock

Telephone: 6387 5582

Email: [louise.peacock@ths.tas.gov.au](mailto:louise.peacock@ths.tas.gov.au)

Delivery Days: Monday – Friday (will supply for weekends)

Payments Methods: Cash, Cheque, Centrepay, Credit Card, Direct  
Deposit

Suburbs of Delivery: Daily: Akaroa, Ansons Bay, Binalong Bay, St  
Helens, Stieglitz, The Gardens  
\*Weekly deliveries can be organised: Goshen,  
Goulds Country, Lottah, Pyengana

(\*Delivery to these areas may not be as regular)



## Swansea Meals on Wheels 2020/2021

Coordinator: Pat Hardcastle

Address: 9 Old Spring Bay Road (No physical address)  
Swansea TAS 7190

Telephone: 0429 428 056 or 6257 8108

Email: [paddyh1352@gmail.com](mailto:paddyh1352@gmail.com)

Relief  
Coordinator: Dorothy Lord

Telephone: 6257 8200

Email: [halahcottage@bigpond.com](mailto:halahcottage@bigpond.com)

Delivery Days: Monday – Friday (hot meals)

Payment Methods: Cheque, Direct Deposit, Credit Card, Centrepay,  
Cash

Suburbs of Delivery: Dolphin Sands, Swansea



## Tasman Peninsula Meals on Wheels 2020/2021

Coordinator: Sally Fox

Address: Tasman Health & Community Service  
1614 Nubeena Road  
Nubeena TAS 7184

Telephone: 6250 9000 or 0458 494 344

Email: [SFox@huonregionalcare.org.au](mailto:SFox@huonregionalcare.org.au)

Delivery Days: Wednesday, Thursday, and Friday

Payment Methods: Cash, Credit Card, Cheque, Direct Deposit

Suburbs of Delivery: Nubeena, Port Arthur, Roaring Beach, Saltwater River, Taranna, White Beach



## Ulverstone Meals on Wheels 2020/2021

Coordinators: Maggie Marsden, Pamela Carew & Kristin Oakes

Address: 15-19 Eastland Drive  
Ulverstone TAS 7315

Telephone: 6425 1331

Email: [ulverstone@mowtas.org.au](mailto:ulverstone@mowtas.org.au)

Delivery Days: Monday – Friday

Payment Methods: Cash, Cheque, Direct Deposit, Centrepay, Credit Card

Suburbs of Delivery: Abbotsham, Castra, Forth, Gawler, \*Kindred, Leith, Loongana, \*Lower Wilmot, Motton, North Motton, Nietta, Preston, Spalford, Sprent, Turners Beach, Ulverstone, Upper Castra, West Ulverstone  
(\*Delivery to these areas may not be as regular)



## Wynyard Meals on Wheels 2020/2021

Coordinators: Trudy House & Bev Baker

Address: 120 Goldie Street  
Wynyard TAS 7325

Telephone: 0428 924 752

Email: [mowwyn@outlook.com](mailto:mowwyn@outlook.com)

Delivery Days: Monday – Friday

Payment Methods: Cash, Cheque, Direct Deposit, Centrepay, Credit Card

Suburbs of Delivery: Boat Harbour, Boat Harbour Beach, Calder, Doctors Rocks, Mount Hicks, Oldina, Preolenna, Seabrook, \*Sisters Beach, \*Somerset, Table Cape, Wynyard, Yolla

(\*Delivery to these areas may not be as regular)



## Meals on Wheels Tasmania Life Members

Mrs. Claire Kearney  
Deloraine TAS 7304

Angela Stride (Passed)  
Huonville TAS 7109

Mrs. Beverley Jordan  
Deloraine TAS 7304

Edna Scott  
Brighton TAS 7030

Judy Boon  
Bridgewater TAS 7030

May Cook  
St Helens TAS 7216

Kaye Ling  
East Leith TAS 7315

Kath Carnes  
Brighton TAS 7030

Jenny Stones  
Ulverstone TAS 7315

Margaret Long  
Warrane TAS 7018

Judy Nuss  
Tea Tree TAS 7017

Jackie Cole  
Howrah TAS 7018